Catalonian poetry is acknowledged in such terms of praise by students of Spanish literature that he might be called the founder of the Catalonian school of poets. The philological importance of Lull's Catalonian writings, especially his poems, was shown by Adolph Helfferich in his book on "Lull and the Origin of Catalan Literature." In this volume specimens of his poetry and proverbs are given. A writer in the "Encyclopedia Britannica" speaks of one of his poems, "Lo Desconort" (Despair) as eminently fine and composite in its diction. This poem, if it was written before his conversion, as is probable, would already show that Lull himself was dissatisfied at heart with his life of worldly pleasure. Already, perhaps, there arose within him a mighty struggle between the spirit and the flesh. Sensual pleasures never satisfy, and his lower and higher natures strove one with the other.