

IV

“Hold your ground, tighten the belt of truth about your loins, wear integrity as your coat of mail, and have your feet shod with the stability of the gospel of peace; above all, take faith as your shield, to enable you to quench all the fire-tipped darts flung by the evil one, put on salvation as your helmet, and take the Spirit as your sword (that is, the word of God).”—Eph. 6: 14-17 (Moffatt’s Translation).